



# **COI 2022-2023 ANNUAL REPORT**

# A NOTE FROM THE EXECUTIVE DIRECTOR



Community Outreach is a vital resource for Corvallis and the Tri-County area.

With the engaged leadership of the COI Board, we have recently completed a thorough evaluation and "Visioning Process" for COI with the goal of developing a forward-looking Vision Statement to clearly define what our aim is. This describes, as accurately as we are able, what our main purpose is; why we do what we do.

Our COI Vision Statement: "Creating Transformative and Supportive Pathways to Life."

Our Mission Statement describes what we do to carry out the COI Vision.

Our COI Mission Statement: "Helping People Help Themselves Lead Healthy and Productive Lives." This involves a range and depth of services for our clients which is truly inspiring. Shelter Services for Families, Adults, Youth ages 18-24, and Veterans provide a safe and sober environment to recoup and establish new direction.

Case Management staff assist them in their transformative processes. Behavioral Health Staff provide support for clients. Medical Clinics are offered to provide basic care. Specialty Medical services for women, rural farm areas, and diabetes are available. The Good 2 Go Veterans services provide support and Case Management for Veterans from Veterans. Two Medical Respite rooms create a safe place for those recovering from an acute medical situation. We provide food boxes to community members. Mari's Place provides on-site care for children ages 6 weeks to 4 years.

COI Values serve as cornerstones for our behavior and choices, being the foundational building blocks we use to implement the Mission and bring the Vision into reality.

Our COI Values: **"REALITIES"**

- ✦ **R**-espectful
- ✦ **E**-mpowering
- ✦ **A**-ccountable
- ✦ **L**-earning
- ✦ **I**-ntentional
- ✦ **T**-ruthful
- ✦ **I**-ntegrity
- ✦ **E**-ncouraging
- ✦ **S**-upportive and safe

It is humbling to have been asked to come and lead this incredible organization. We serve individuals and families in their hours of deepest need; to maximize their opportunity for transformation and to help them help themselves.

From the depths of our hearts, we thank you for joining us. Lives are forever altered because of your generosity with the time, talent, and treasure you share with us. Be blessed!



# STRATEGIC PLANNING AT COI



## COI Looks Toward the Future

With the leadership of the COI Board, we have embarked on a comprehensive strategic planning process. The management team recently completed a thorough evaluation and "Visioning Process," with the goal of developing a Vision Statement to clearly define our trajectory moving forward. This describes our main purpose; why we do what we do.

- ✦ **Our COI Vision Statement:** "Creating Transformative and Supportive Pathways to Life." Our vision is to create programs for people to engage in that lead them on a self-determined path toward transformative action for their lives.
- ✦ **Our COI Mission Statement:** "Helping people help themselves lead healthy and productive lives." Our mission describes what we do to carry out our vision.

The next phase of our process is to engage in a comprehensive review of existing programming and future opportunities to ensure they fulfill our Vision Statement. We will develop client-centered impact priorities, action plans, and metrics to evaluate effectiveness and results.

This strategic plan creates a strong, flexible foundation for our operational and fundraising activities that can be adjusted to reflect changes in our client and community needs.



# GOOD2GO MOVES TO 4<sup>TH</sup> ST LOCATION



In the spring of 2023, our Good2Go Veterans' Case Management team moved their offices into our 4th Street satellite location and opened the Veteran Navigation Center. The 4th Street location also has Veteran Cohort Housing upstairs, with the ability to house 6 male veterans. We partner with the VA and several agencies to ensure our veterans have access to wraparound services while also benefiting from peer support and camaraderie.

COI's Good2Go program offers advocacy and case management for veterans experiencing or at risk of homelessness in Linn, Benton, and Lincoln counties. We promote positive veteran support networks, provide affordable housing for veterans, and link veterans to medical/clinical outpatient services within our region.

Last year, we served 98 veterans within our tri-county service area and successfully housed 80% of our veterans who participated in our Good2Go program.

*Veterans in front of the Veteran Navigation Center building at move-in day.*

# FLOWER SOCIETY



COI held its first ever Flower Society Event, Art in the Garden. We wanted to celebrate and thank our Flower Society members, donors who give \$20 or more monthly, for their commitment to helping COI work towards its mission. Flower Society members were invited, along with their children and grandchildren, to enjoy a fun family event in our backyard and garden area. Art created by our residents was displayed during the event and our guests created their own art using the same medium.

Monthly gifts sustain our work on behalf of our clients. They allow us to focus our efforts on making our community a better place for everyone. With our shelter, medical and dental, childcare, behavioral health, and other services, we are able to serve our clients with a holistic suite of services that will help them help themselves lead healthy and productive lives.

COI plans to continue holding the Art in the Garden event for our Flower Society yearly in celebration of our recurring donors.

*Staff and monthly donors participate in Art in the Garden*

# OSU MOBILE KITCHEN LIFE SKILLS CLASS



Last year, COI started a partnership with OSU's Moore Family Center for Whole Grain Foods, Nutrition and Preventative Health to test a mobile Nutrition Playground for our residents accessing COI's food pantry.

This research aimed to study how a mobile kitchen with in-person improvisation learning can help food assistance program clients make their food more accessible and culturally relevant. The Moore Family Center staff planned each weekly recipe based on staples typically found in food pantries and guided residents to "shop" the pantry for alternative ingredients and improvise.

Our residents continue to gain more confidence in their cooking and improvisation skills as well as social and communication skills. Residents also learn leadership skills as they welcome new attendees to the classes and guide them through the classes. As news (and the resulting food) of the classes are shared among the residents, attendance has maxed out for the more recent classes.

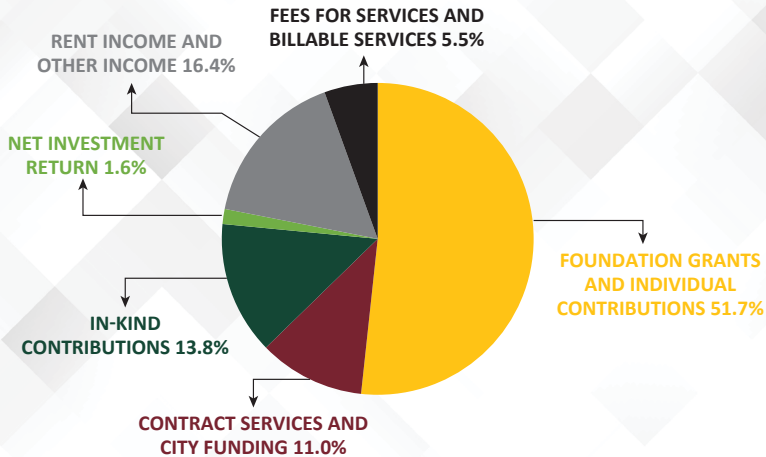
COI staff is committed to training under the Moore Family Center team to expand the frequency of the classes.

*Mobile Pantry and Kitchen Brought by the Moore Family Center for  
Whole Grain Foods, Nutrition and Preventative Health*

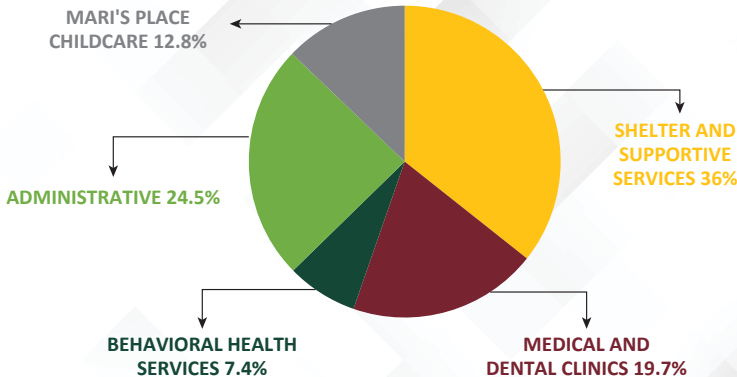


# INCOME, EXPENSES

## INCOME



## EXPENSES



### INCOME

Foundation Grants and Individual Contributions	\$1,296,323.00	51.7%
Contract Services and City funding	\$276,081.00	11.0%
In-Kind Contributions	\$345,985.00	13.8%
Net Investment Return	\$39,016.00	1.6%
Rent Income and Other income	\$410,751.00	16.4%
Fees for Services & Billable services	\$138,845.00	5.5%

**TOTAL** **\$2,507,001.00** **100%**

### EXPENSES

Shelter & supportive services	\$849,449.00	35.7%
Medical and dental clinics	\$468,303.00	19.7%
Behavioral health services	\$175,355.00	7.4%
Administrative	\$582,701.00	24.5%
Mari's Place Childcare	\$305,868.00	12.8%

**TOTAL** **\$2,381,676.00** **100%**  
Net Gain **\$125,325.00**

*This information was taken from the audited financials of FY22*

# AGENCY STATISTICS

JULY 1, 2022-JUNE 30, 2023

## ▶ HOUSING SERVICES

- ✦ 59 men
- ✦ 56 women
- ✦ 35 families with 49 adults and 65 children
- ✦ 13 Veterans with their families

## ▶ BEHAVIORAL HEALTH SERVICES

- ✦ 22 individuals received a total 290 hours of mental health counseling
- ✦ 10 individuals participated in 196 hours of individual and group counseling for drug and alcohol treatment

## ▶ FOOD SERVICES

- ✦ 1,705 food boxes distributed to feed 5,307 community members
- ✦ Provided food and facilities that allowed shelter residents to consume more than 65,000 meals

## ▶ NATURE-BASED CHILDCARE

- ✦ Childcare provided for 23 children
- ✦ 350 hours of volunteer support

## ▶ CASE MANAGEMENT

- ✦ 3,692 hours of case management for men, women, young adults, and families in shelter or from our community
- ✦ 98 veterans provided with case management

## ▶ MEDICAL AND DENTAL CLINICS

- ✦ 1,731 visits to our medical clinics located in Corvallis and Lebanon
- ✦ 65 diabetes education clinics, 15 physical therapy clinics, and 7 gynecology clinics
- ✦ 543 visits to the dental clinics
- ✦ 132 patient visits at farm clinics

**HELPING PEOPLE HELP THEMSELVES SINCE 1971**





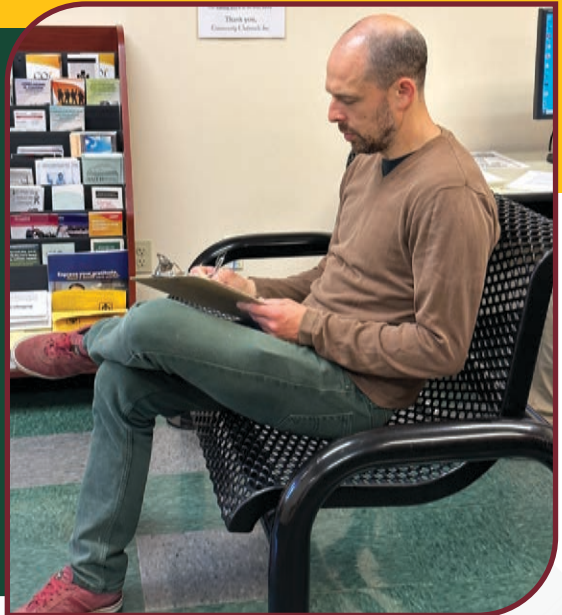
Thank you for all  
your support  
throughout the past  
year. We couldn't  
have continued to  
serve our community  
without you!

**We'd like to  
acknowledge the  
following  
foundations for  
their support:**

- Meyer Memorial Trust
- Herbert A. Templeton Foundation
- Juan Young Trust
- United Way of Linn, Benton, & Lincoln Counties
- Corvallis Elks
- Linn-Benton Health Equity Alliance
- Chambers Family Foundation
- Ralph Hull Foundation
- Kroger Foundation
- Corvallis Kiwanis Foundation
- PacificSource Foundation
- Disabled American Veterans Charitable Service Trust
- Cascadia Foundation
- Benton Community Foundation
- Oregon Community Foundation
- City of Corvallis Social Service Fund
- Corvallis CDBG
- OSU Folk Club Thrift Shop
- Siletz Tribal Charitable Contribution Fund
- Pacific Power Foundation
- Good Samaritan Regional Medical Center
- Oregon Department of Human Services
- Oregon Youth Authority
- Veterans Affairs

*Dr. Gabriel Ledger, Emergency Room Physician at Good Samaritan Hospital in Corvallis, began volunteering at the Community Outreach Medical Clinic in 2010 and subsequently became the clinic Medical Director in 2013. Dr. Ledger is also the founder of the Farm Clinic, which has been providing free medical services to uninsured and under insured agricultural workers in Linn and Benton counties since 2013.*

**Thank you, Dr. Ledger!**



**Please consider becoming a donor to support COI's work  
for our community's most vulnerable members.**

**<https://communityoutreachinc.org/wordpress/home/donate/>**